



**2026**

# ***Lone Palm Regatta***



# ***NOTICE OF RACE***

***Captains Meeting- June 5, 5:30pm, Morningstar Marina  
Regatta – June 6, Noon First Boat Start  
Southport, North Carolina***

- 1. Rules** – The race will be governed by Racing Rules of Sailing (RRS) for 2025, including US Sailing Prescriptions, Notice of Race (NOR), Sailing Instructions (SIs) published for this regatta, and any on-water modifications given prior to the race.
- 2. Eligibility and Entry** – This recreational regatta is open to self-righting mono-hull boats. Boats must have an NC-PHRF rating prior to the race. Boats not having a valid NC-

PHRF Certificate shall be assigned a temporary PHRF rating by the Race Committee. All competing boats must comply with US Sailing and US Coast Guard safety standards and regulations and have an operational marine VHF radio on board.

**3. Attire/Attitude** – The regatta theme is Jimmy Buffet, Caribbean Islands, Margaritaville, Flowered Shirts, etc. Bring it on Parrot Heads!

**4. Registration** – Completion and submission of the registration form is required prior to the start of the Captains Meeting. Registration forms are available through the SYC website at [www.sycnc.org](http://www.sycnc.org)

**5. Regatta Fees** – Competitor's fee is \$100 per boat and includes one race gift per boat, food for captain and crew at the award ceremony.

**6. Notices** – Notices and changes will be posted online at [sycnc.org](http://sycnc.org), sent via submitted emails or text messaging of registrants, and/or transmitted on VHF channel 78 at regular intervals up to the published time start time.

**7. Schedule of Race Events**

<b>Date/Time</b>	<b>Event</b>	<b>Location</b>
June 5, 5:30 pm	Captains Meeting	Morningstar Marina Southport
June 6, Noon	First Start	ICW at the American Fish Company
June 6, 4:30 pm	Awards & Party	American Fish Company Awards/Food/Cash Bar

**8. Regatta Description** – This is a recreational regatta consisting of one race. The race will feature a pursuit start for self-righting mono-hull sailboats divided into 2 fleets: performance boats and cruise boats. Performance Sailboats: Fast, lightweight boats built for performance and competition. Cruising Sailboats: Comfortable, stable boats designed for leisure and recreational sailing. Performance boats race will be longer distance course than cruise boats. The regatta will be sailed as a Non-Spinnaker event. Boats shall not fly or set spinnakers at any time while racing. This changes RRS 50. Start times will be based on the assigned PHRF ratings for each boat. Starting times will be assigned at the Captains Meeting. The start line is in the ICW located in the vicinity of

the American Fish Company pier. Boats not starting should allow room for boats that are starting. The course will be in the vicinity of the Cape Fear River near Southport, Bald Head Island, and/or Oak Island, North Carolina. The finish line will be at the American Fish Company pier. Multi-hull boats may have a different agreed upon course.

**9. Sailing Instructions** – The Sailing Instructions will be discussed at the Captains Meeting.

**10. Awards** – Awards will be presented to 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place finishers in each of the monohull fleets.

**11. Disclaimer of Liability** - Competitors will participate in the regatta entirely at their own risk. Southport Yacht Club, American Fish Company and Morningstar Marina will not accept any liability for material damage or personal injury or death sustained in conjunction with, prior to, during, or after the regatta. Each boat owner must read, understand, and sign the waiver of liability that is included with the registration form.

**12. Contact Information**

- a) Sponsoring Authority: Southport Yacht Club, PO Box 10696 Southport, North Carolina 28461.
- b) Registration: visit [sync.org](http://sync.org)
- c) Fleet Captain: Kerri Schroder, (231) 883-1331 [schroderkss@gmail.com](mailto:schroderkss@gmail.com)
- d) Protest Chair: Eric Hoffman, (919) 349-1417, [eric@mvfastco.com](mailto:eric@mvfastco.com)

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